

**An Interactive Session on “Relieving Period Pain”  
On the occasion of  
World Menstrual Hygiene Day 2022  
(28.05.2022)**

**Report**

On the occasion of world menstrual hygiene day 2022 the women development cell of the college in association with Infano care, A digital Platform for women health and lifestyle, Bengaluru Karnataka organised an interactive session on “Relieving Period Pain”. In this event Ms. Lakshita Jain, Clinical Dietitian & Founder of Nutr, was the guest speaker. The program was started at 10:00 am. In the beginning principal Dr. Shabnoor Siddiqui welcomed the guest and addressed the session with her words of blessings. She also congratulated the members of this cell and Infano care for conducting this event on such an important and sensitive issue relative to female health and hygiene. The main objective of this event was to make girls aware of the problem that are faced during periods and how to overcome these problems. The invited speaker Ms. Lakshita Jain gave a very interesting and informative talk on relieving period pain. She started her talk with fundamental information about female reproductive system. She gave information on various accessories to be used during periods. She gave information on nutritious food and household eatables that should be taken in appropriate amount to reduce menstrual pain. She gave all the answers to the questions raised by the girls and staff members. For this program 225 girls have registered through Google forms. The program was framed by Dr. G Nag Bhargavi, Co-ordinator of IQAC and conducted by Mrs. Aditi Rani Bhagat, Assistant professor of Commerce. In the Dr. Sunita Dubey, Head Department of Commerce gave vote of thanks to the speaker and all others present in the session. In this program all the members of women development cell were present and the program was conducted virtually through Google meet application. The women development cell is also planning to distribute sanitary napkin Kits to the registered students.



Dr. Shabnoor Siddiqui  
(Principal)

# Photographs

Browser tabs: whatsapp web - Yahoo India Search, (6) WhatsApp, Meet - mww-wsjs-mbk, PDF Gallery\_20220527\_134011.pdf, Dietitian Lakshita Jain - bhargavi

Address bar: meet.google.com/mww-wsjs-mbk

Navigation: Apps, YouTube, Maps, Gmail, New Tab

Meeting title: Dietitian Lakshita Jain is presenting

**nutr.**

**Hypothalamus (Brain)**  
GnRH

**Pituitary gland (Brain)**  
Follicle Stimulating hormone (FSH) - Mature Eggs  
Luteinizing Hormone (LH) - Stimulate release Eggs

**Ovary**  
Estrogen - Thick and repair Uterus lining  
Progesterone - Maintain uterus lining & pregnancy

**Uterus (Female reproductive organ)**  
Estrogen: Thick and repair Uterus lining  
Progesterone: Maintain uterus lining & pregnancy

Participants: Dietitian Lakshita Jain, Vaishali Kushwaha, Aditi Bhagat, Sadhna Nishad, Vyankeshwari Vishwa..., RASHMI KUJUR, Dr. Swati Sharma, 45 others, You

10:18 AM | mww-wsjs-mbk

invitation.pdf.pdf

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Address bar: meet.google.com/mww-wsjs-mbk

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10:19 AM | mww-wsjs-mbk



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meet.google.com/mww-wsjs-mbk

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Diabetic Lakshita Jain is presenting

Menu	
<b>Early Morning</b>	Soaked almonds walnuts & Raisins
<b>Breakfast</b>	Porial/ Upma/ Dalia Banana/ Seasonal Fruit Milk 2 Boiled eggs 10-15 Peanuts
<b>Lunch</b>	Dal/ chole/ kadhi (1 katori) Sabzi (Sabzi: Ghya/ Tori/ Parwal/ Tinda/Mushroom/ harsai/ mooli/ gajar/ mooli/ beans) Roti/ Rice Curd
<b>Evening</b>	Seed cycling 1 Glass milk Banana/ Seasonal fruits
<b>Dinner</b>	Dalia/ Khichdi/ Rice - Roti Sabzi/ Dal Egg/ fish/ chicken

nutr.

Girls! Follow this diet everyday

10:50 AM | mww-wsjs-mbk

Diabetic Lakshita Jain, Vaishali Kushwaha, Sadhna Nishad, Vyankeshwari Vishwa..., Pragya Sahu, Aditi Bhagat, Jagriti Nishad, 63 others, You

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whatsapp web - Yahoo India See... (6) WhatsApp x Meet - mww-wsjs-mbk x PDF Gallery\_20220527\_134011.p... Diabetic Lakshita Jain - bhargavi x +

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Afsana Quraishi, Aditi Bhagat, Diabetic Lakshita Jain, Jagriti Nishad, Vaishali Kushwaha, Sadhna Nishad, Pragya Sahu, Vyankeshwari Vish..., Payal Verma, RASHMI KUJUR, Mairum Khatoon, Shakuntala Banshi..., Omshree Verma, Renuka Sahu, Bhumika Vishwaka..., Savitri Sahu, Soniya Sahu, Radhika Dewangan, Rhukhum Sahu, Sunita dubey, VEENA SAHU, Dr. Nidhi Dewang..., Bharti Dhiwar, Ms. seema, Tikeswari Dhiwar, Tannu Verma, Khushbu Verma, Neha Nishad, 37 others, You

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36°C 10:59 28-05-2022



An Interactive Session on “ **Relieving Period Pain** ”  
On the occasion of  
**World Menstrual Hygiene Day 2022**



**Speaker**

Ms. Lakshita Jain  
Clinical Dietitian &  
Founder of Nutr

**Programme**

Date: 28<sup>th</sup> May 2022  
Timing: 10 am onwards  
Platform: Google Meet

**Beneficiaries**

All girls from UG  
and PG classes

**Organizers**

Women Development Cell  
**In Association with**  
**Infano Care, Bengaluru, Karnataka**



**Office of the Principal, Govt. Pt. Shyamacharan Shukla College,  
(Shankar nagar), Dharsiwa, Raipur (C.G.)**

E.mail Id- [dharsiwacollege1989@gmail.com](mailto:dharsiwacollege1989@gmail.com) Web site- [www.gpscsc.in](http://www.gpscsc.in) contact No. 9893119114

No./ 1066 / 2022

Dharsiwa, Date- 27/05/2022

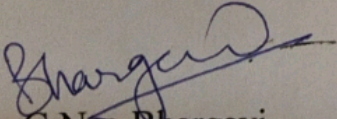
To,  
Ms. Lakshita Jain  
Clinical Dietitian & Founder of Nutr

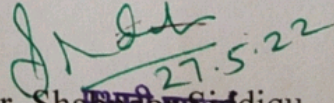
Subject: - Invitation to deliver an invited talk on "Relieving Period pain" on 28.05.2022.

Dear madam,

On the occasion of World Menstrual Hygiene Day 2022 we are willing to conduct an interactive session for girls of B.Sc. and M.Sc. classes. The topic of discussion shall be "Relieving Period pain". In this regard we request you to deliver an invited talk/interactive session for the students of the college so that they can clarify their doubts on period pain and effective diet plan for those days. We hope you will accept our invitation and send a time line confirmation of your presentation. The program will be conducted virtually through Google meet on 28<sup>th</sup> May 2022 at 10 am. Kindly send confirmation through email.

With best regards.

  
Dr. G Nag Bhargavi  
Co-ordinator -IQAC &  
Member -Women Development cell

  
Dr. Shabana Siddiqui  
शासकीय पं. स्वामानन्द प्रोब्लेम महाविद्यालय  
धरसीवा ( शंकर नगर) रायपुर (छ.ग.)

Timestamp	e-mail	Name	class	mobile number
5/25/2022 13:37:30	namendra4039@gmail.co	Namendra sahu	B.A.1st year	9399337961
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5/25/2022 14:15:44	diya10nirmalkar@gmail.c	Divya nirmalkar	Msc 2nd sem math	6264477658
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5/25/2022 16:09:33	manishaverma082002@	Manisha Verma	Bsc 3rd Year Math's	7723030113
5/25/2022 16:15:44	Salulaxmi05978@gmail.c	Laxmi sahu	M. Sc second semester p	6264000432
5/25/2022 16:17:09	Sahudhatri917@gmail.co	Dhatri sahu	Bsc3	9171876230
5/25/2022 16:17:55	Vermadeepa891@ gmail.	Deepa verma	Bsc3	9302604451
5/25/2022 16:29:44	vermasapana12@gmail.c	Sapana	Msc physics (2sem)	6266840111
5/25/2022 16:30:19	ps7278417@gmail.com	Pragya sahu	Bsc. 3rd year maths	6264821862
5/25/2022 16:34:39	nirmalkarrani706@gmail.c	Madhavi nirmalkar	B.A 1year	7089672005
5/25/2022 16:38:37	nv9262076@gmail.com	Neetu verma	B.sc 3	8120371992
5/25/2022 16:39:05	padmasahu612@gmail.co	Padma Sahu	Pgdca 1 st semester	9754232624
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5/25/2022 16:48:18	seemams481@gmail.com	Seema sahu	PGDCA 2nd semester	7974766884
5/25/2022 16:57:25	Sahugomati4@gmail.com	Gomati sahu	MSc 4 th semester	9131214408
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5/25/2022 16:58:43	renusahu2812@gmail.co	Renuka sahu	MSc 4th sem (maths)	9399674888

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5/25/2022 18:27:41	mongras704@gmail.com	Mongra sahu	PGDCA 2nd semester	6268503915
5/25/2022 18:28:52	hkurre05@gmail.com	Hema kurre	Msc physics	8103799606
5/25/2022 18:51:46	bhemika213@gmail.com	Bhemika kumbhkar	Msc 2sem	9340100947
5/25/2022 18:53:51	vrnkusum@gmail.com	Kusum	MSC 2 nd sem ( mathema	7909316445
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5/25/2022 18:58:39	vrnakhushboo@gmail.co	Khushboo	Msc 4th sem	8964936660
5/25/2022 19:00:11	lalitasahu15042002@gma	Lalita sahu	Bsc 3rd year	8461014621
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5/25/2022 19:14:02	aradha1402@gmail.com	Anuradha sahu	BSc 2nd year(Maths)	8103525625
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5/25/2022 19:47:13	sandhyadew08@gmail.cc	Sandhya Dewangan	M.Sc. 4th semester	9399222310
5/25/2022 19:50:24	kritika.110621@gmail.con	Kritika jain	Bsc final year	7987550002
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5/25/2022 20:33:18	khileshwaris846@gmail.c	Khileshwari sahu	B.sc 2 year	7240900409
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5/25/2022 20:57:19	nehav0146@gmail.com	Neha verma	M.sc second sem	9131314929
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5/26/2022 12:26:56	yv274916@gmail.com	Yogita Verma	Bsc.2nd year ( bio)	8319517136
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5/26/2022 12:31:35	Sahulokesh41778@gm	Sujata sahu	Bsc. 3rd(bio)	6260492935
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5/26/2022 19:33:52	vs2704578@gmail.com	Vandna sahu	B.com 2 year	9691883315
5/26/2022 19:35:14	Vermaloke530@gmail.cor	Lokeshwari verma	B. Com 1st year	6267589674
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5/26/2022 20:36:00	Mamtasahu0048@gmail.c	Mamta sahu	B.sc. final year ( maths)	8223970413
5/26/2022 20:41:35	khannisha1358@gmail.cc	Sakina khan	Bsc 1st year	9109425268
5/26/2022 21:16:22	yaminip347@gmail.com	Yamini patel	B.Sc.2nd year (maths)	9340440800
5/26/2022 21:47:00	Reshamasahureshma649	Chameli sahu	2nd year	9098571548
5/26/2022 22:21:50	Sv021423@gmail.com	Sharda verma	BA. 1 yare	8234017451
5/26/2022 23:29:06	neha353.rai@gmail.com	Neha ray	BSC 2nd year	9343981598
5/27/2022 13:08:35	Shikhatiwari7528@gmail.	Shikha Tiwari	B. Com 2 year	7223889987
5/27/2022 13:24:06	sahubhumika832@gmail.	Bhoomika Sahu	B. Com 2 year	6268641015
5/27/2022 13:26:03	khile2002dew@gmail.con	Khileshwari Dewangan	Bcom 2nd year	9399304226
5/27/2022 13:29:55	varshanishad32@gmail.c	Varsha Nishad	M.com 2 semester	9340578160
5/27/2022 13:30:07				
5/27/2022 13:30:52	nirmalkard633@gmail.cor	Durga nirmalkar	B com 2 year	6266524342
5/27/2022 13:41:12	umasahuumasahu909@g	Uma sahu	M. Com 2nd semester	9399528048
5/27/2022 13:44:18	kashyapsandhya806@gr	Sandhya kashyap	B.S.C 1st year	9171053851
5/27/2022 13:46:33		Lalita sahu	B.com. 1st year	9399633656
5/27/2022 13:47:22	kashyapsandhya806@gr	Sandhya kashyap	B.S.C. 1st year maths	9171053851
5/27/2022 13:56:27	khushihirwani01@gmail.c	Khushi sahu	B.sc. 3rd year	9644980400
5/27/2022 13:57:11	Vandananiashad@gaiml.cc	Vandana nishad	Bsc1 year	7489908992
5/27/2022 13:57:34	varshanishad32@gmail.c	Varsha nishad	M.com 2 semester	9340578160
5/27/2022 13:58:31	kusanjna509@gmail.com	Sanjana	Bsc second year	8643019104
5/27/2022 13:58:54	varshanishad32@gmail.c	Varsha nishad	M.com 1 semester	9340578160

Timestamp	e-mail	Name	class	mobile number
5/27/2022 14:02:15	neelamsahu7054@gmail.	Neelam sahu	B.Sc 3	8269417054
5/27/2022 14:02:41	Saritasahu552@gmail.co	Sarita sahu	M. Com 2nd semester	9165079282
5/27/2022 14:04:25	kanhasahu73213@gmail.	Namrata	Bsc. 2 year	9340801798
5/27/2022 14:04:58	Vaibhavsahu1032000@g	Vaibhav sahu	PGDCA	6264429363
5/27/2022 14:06:13	daminisahu2801@gmail.c	Damini sahu	Bsc 3 year	9981032470
5/27/2022 14:07:10	Mongras704@gmail.com	Mongra sahu	PGDCA 2nd semester	6268503915
5/27/2022 14:14:27	payalnishad640@gmil.co	Payal nishad	B.Sc.second year (Bio)	7880057753
5/27/2022 14:14:42	ambechakradhari23@gm	Ambe chakradhari	Bsc 3rd year	8349552294
5/27/2022 14:14:48	nishadgomati8@gmail.co	Gomati nishad	Final year (bio)	7770967433
5/27/2022 14:15:35	sahubindu065@gmail.cor	Bindu Sahu	Final year ( Bio)	7000950955
5/27/2022 14:18:02	sahubindu065@gmail.cor	Bindu Sahu	Final year (Bio)	7000950955
5/27/2022 14:18:27	Soniyasahu466@gmail.cc	Soniya sahu	Bsc 3rd year	9165311732
5/27/2022 14:22:29	kritiverma1976@gmail.co	Chanchal verma	3 rd year	7999969170
5/27/2022 14:22:32	deeptisahu002@gamil.co	Deepti Sahu	Bsc.2 year	7000827731
5/27/2022 14:22:34	jaishreeyadav263@gmail	Jaishree yadav	Bsc 2nd year	9329500767
5/27/2022 14:23:18	deeptisahu002@gamil.co	Deepti Sahu	Bsc.2 year	7000827731
5/27/2022 14:25:16	Sen 885525gmail. Com	Jiteshwari sen	बीएससी 3year	626616363
5/27/2022 14:28:29	sv8317822@gmail.com	Gayatri Verma	B.com 1st year	7987982433
5/27/2022 14:28:48	yadugayatri44@gmail.cor	Gayatri yadu	Bsc3 year	9826824184
5/27/2022 14:32:14	garimasahu738@gmail.cc	Garima sahu	<a href="#">M.com</a>	9340416921
5/27/2022 14:45:13	kajalsahu7751@gmail.co	Kajal sahu	3year	9340976730
5/27/2022 14:50:28	tannuverma983@gmail.cc	Tannu chandrawanshi	Bsc final year	7354310150
5/27/2022 14:53:24	deepikatandan0@gmail.c	Deepika Tandan	B. Com first year	9302030915
5/27/2022 14:57:24	kalyanisahu4598@gmail.c	Kalyani	Pgdca	8964864856
5/27/2022 15:12:21	yogeshwarisahu664@gm	Yogeshwari sahu	B.SC. 2nd year (maths)	8827870983
5/27/2022 15:42:10				
5/27/2022 15:45:09	khomlalsahavidya@gmail	Devika sahu	B. Sc. Second year	7999813791
5/27/2022 16:04:25	deminnishad19@gmail.cc	Demin Nishad	Bsc.2nd year	7067514711
5/27/2022 16:05:13	deminnishad19@gmail.cc	Demin Nishad	Bsc. 2nd year	7067514711
5/27/2022 16:41:45	yogitaverma7777@gmail.	Yogita verma	P.G.D.C.A.	6264111919

Timestamp	e-mail	Name	class	mobile number
5/27/2022 17:23:27	divyanirajak033@gmail.co	Jayshri rajak	Bsc3	6260016033
5/27/2022 17:24:55	divyanirajak033@gmail.co	Jayshri rajak	Bsc3	6260016033
5/27/2022 17:26:15	divyanirajak033@gmail.co	Jayshri rajak	Bsc3	6260016033
5/27/2022 17:26:44				
5/27/2022 17:28:04	divyanirajak033gmail. Co	Jayshri rajak	Bsc3	6260016033
5/27/2022 17:34:03	Mithlesh sahu 4392@ gm	Mithlesh sahu	Bsc final year	9340590077
5/27/2022 17:48:28	varshasoni6437@gmail.c	Varsha Soni	B.sc. 3 year	8319045144
5/27/2022 18:00:15	sandhyadew08@gmail.cc	Sandhya Dewangan	M.sc.4th semester	9399222310
5/27/2022 19:14:02	sahupooja90942@gamil.c	Pooja sahu	Bsc.1st year	6261517848
5/27/2022 19:29:42	nilimaverma539@gmail.c	Nilima verma	B.s.c 2	9399140506
5/27/2022 19:31:57	hemlata 2019n@gmail.co	Hemlata Nishad	P.g.d.c.a 2nd. Semester	8959407204
5/27/2022 19:37:47	sagarsahu25102002@gm	Sagar sahu	BA first year	9340351100
5/27/2022 19:41:47	rv567891@gmail.com	RAHUL KUMR VERMA	B.A 3rd YEAR	7999655379
5/27/2022 19:42:36	nileshpal33kk@gmail.com	Nilesh pal	B.A 2 yera	7240932008
5/27/2022 19:48:51	anjalisahu70774@gmail.c	Anjali sahu	B.A 3 year	7697110660
5/27/2022 19:51:23	chetnaverma769@gmail.c	Chetna verma	BA - 1st year	9340003778
5/27/2022 19:57:33	tikeshwarverma61@gmai	Tikeshwa Verma	Ba.2	9644926864
5/27/2022 20:09:26	ia613437@gmail.com	Imran alam	B.A 1year	6261817598
5/27/2022 20:09:31	rahulbanjare0809@gmail.	Rahul banjare	B.A 1year	7067751974
5/27/2022 20:14:15	ks7916026@gmail.com	Kirti Sahu	B. Com. 1st	7722970338
5/27/2022 20:14:44	gayatriverma284@gmail.c	Gayatri Verma	B.A 1 year	8889865580
5/27/2022 20:15:58	gayatriverma284@gmail.c	Gayatri Verma	B.A 1 year	8889865580
5/27/2022 20:23:18	jayasahu3500@gmail.cor	Jaya sahu	BA1year	9301443904
5/27/2022 20:30:14	jayasahu3500@gmail.cor	Jaya Sahu	BA 1 year	9301443904
5/27/2022 20:31:25	jayasahu3500@gmail.cor	Jaya Sahu	BA1 year	9301443904
5/27/2022 20:37:57	khushbubanjare588@gm	Khushbu Banjare	PGDCA second semester	7024622107
5/27/2022 20:44:49	bhupendrasahubhupendr	Bhupendra sahu	B.A 2yr	7089549415
5/27/2022 20:47:18	vs2704578@gmail.com	Vandna sahu	B.com 2 year	9691883315
5/27/2022 20:52:51		Poornima Nishad	B. A. First year	8305236755
5/27/2022 21:28:54	Sahutamin48@gmail	Manisha	B. Sc. Final	7987574675

Timestamp	e-mail	Name	class	mobile number
5/27/2022 21:30:09	0411neha@gmail.com	Neha Nishad	1 st year (maths)	8815357459
5/27/2022 21:31:17	knaurin0@gmail.com	Naurin nisha	B.A 2nd	9340027667
5/27/2022 21:44:00	rukmaninishad000@gmail.com	Rukhmani Nishad	B.A. first year	6268971352
5/27/2022 21:54:48	lekheshwarisahul@gaima	Lekheshwari sahu	3rd year bsc	6265489803
5/27/2022 21:55:51	lekheshwarisahu@91gain	Preeti sahu	2nd year ba	6265489803
5/27/2022 21:56:53	mishraakanksha663@gmail.com	Aakash Mishra	B.sc 1st year	8120167567
5/27/2022 21:57:15	nikitamahto70000@gmail.com	Jyoti Mahto	Bsc 3year	9301661491
5/27/2022 22:30:41	ajaysahu8088@gmail.com	Anju sahu	B.a 1st	9340782709
5/27/2022 22:32:22	ajaysahu8088@gmail.com	Anju sahu	B.a 1st	9340782709
5/27/2022 22:35:09				
5/27/2022 22:36:24	Chandaninishad049@gmail.com	Chandani Nishad	B. A. 1year	7879414183
5/28/2022 6:05:35	rukmaninishad000@gmail.com	Rukhmani Nishad	B.A. first year	6268971352
5/28/2022 6:10:51	jjagritinishad@gmail.com	Jagriti Nishad	Bsc 1 st year (math's)	7509218953
5/28/2022 7:28:03	sahumuskan6261@gmail.com	Renuka	B.A.1st	6261514819
5/28/2022 7:49:38	deepanirmalkar@gmail.com	Deepa nirmalkar	B.com.2year	7803971104
5/28/2022 8:17:44		Ranu sen	Bsc 2 year	9131291482
5/28/2022 8:43:47	Chitrarekhanishad496@gmail.com	Chitrarekha nishad	B.A1st year	9343164748
5/28/2022 8:44:10				
5/28/2022 8:44:51	bntisahu8@gmail.com	Jyoti sahu	B.A 2nd year	7089539932
5/28/2022 8:59:58	Komalsahu123k@gmail.com	Komal sahu	B A frist year	6267519323
5/28/2022 9:27:56	priyankayadav21202@gmail.com	Priyanka Yadav	B. Sc. 3rd year (Maths)	8120729690
5/28/2022 10:03:33	Nanditasahu1642003@gmail.com	Nandita sahu	B.sc 1st year(maths)	9301239613
5/28/2022 10:06:51	Vermanandani662@gmail.com	Nandini verma	B.A.3rd year	7771841126
5/28/2022 10:08:25	Lalli Nishad 968@gmail.com			
5/28/2022 10:10:42	rs8131634@gmail.com	Ritu sahu	BSC 2nd year bio	6264484799
5/28/2022 10:27:41	bntisahu8@gmail.com	Jyoti sahu	B.A 2nd year	7089539932
5/28/2022 10:31:09	Nega	Nehaverma13072000	PGDCA 2 sem	9343322353
5/28/2022 10:31:19	urvashisen102@gmail.com	Urvashi sen	Bsc 2 nd year	7999127595
5/28/2022 10:33:14	nehaverma 13072000@gmail.com	Neha verma	PGDCA 2 sem	9343322353
5/28/2022 11:00:30	jyotidhruw1213@gmail.com	Jyoti dhruw	B.s.c.3rd year	9630375465

Timestamp	e-mail	Name	class	mobile number
5/28/2022 11:37:47	bhemika213@gmail.com	Bhemika	Msc 2 sem botany	7089429700
5/28/2022 12:02:52	nv4830786@gmail.com	Nisha verma	Bsc 1 years maths	7999663738
5/28/2022 12:29:29	Av9441174@gmail.com	Aarti verma	1st year B. Sc	9301814991
5/28/2022 13:08:48	Kavitayadav 16619@gmail.com	Kavita yadav	Bsc 2 year	6264011636
5/28/2022 13:14:42	Yadavkavita 16619@gmail.com	Kavita yadav	Bsc 2 year	6264011636
5/28/2022 14:34:21	sahugeeta394@gmail.com	Geeta sahu	Bsc 3rd (maths)	8435410468
5/28/2022 14:48:17	Jayasahu0862@gmail.com	Jaya sahu	B. Sc 2nd year	78289 70862
5/28/2022 20:12:09	tushalsahu63@gmail.com	Hema sahu	2nd year	9981662732
5/28/2022 20:14:54	tushalsahu63@gmail.com	Hema sahu	2nd year	9981662732
5/29/2022 12:58:46	Alenyadav978@gmail.com	Suchita yadav	B.com 1st year	8817608505
5/31/2022 5:28:03	Banjaremadhu721@gmail.com	Madhumita	B.A .1	9302106807
6/1/2022 21:07:00	Lalchhotu074@gmail.com	Tikeshwari	BA. 1	8817253092
6/3/2022 12:22:48	nikitamahto70000@gmail.com	Jyoti Mahto	Bsc finale	9301661491
6/3/2022 14:50:56	Sanjanamarkandey0@gmail.com	Sanjana markandey	B. A 2 year ranig	9691361134
6/4/2022 9:56:49	nobalpatel016@gmail.com	Nobal patel	Bsc 3rd (bio)	9399011792
6/4/2022 11:45:18	shwetarajbhanu@gmail.com	Shweta rajbhanu		8827243781
6/4/2022 11:53:19	priyankabandhe02@gmail.com	Priyanka Bandhe	Bsc 1year	7415222003
6/4/2022 11:54:32	priyankabandhe02@gmail.com	Priyanka Bandhe	Bsc 1 year	7415222003
6/4/2022 14:11:23	Joyatabssum@gmail.com	Joya	Bsc1st year	6269808328
6/4/2022 14:13:50	joyatabssum@gmail.com	Joya	Bsc 1st year	6269808328